

Do you work with young people who struggle to engage in life and learning?

Everyone needs a strong inner foundation and positive life skills to successfully engage in learning and life. The Reboot 7-Step Framework gives you easy to use tools that effectively create positive behaviours and address the impact of childhood adversity and complex trauma. Discover tools to support individuals and create happy and calm group engagement. Reboot integrates the latest multidisciplinary findings from neurology, traumatology, developmental and education psychology, social and positive psychology, social change theory, contemplative science and mindfulness and yoga to access the whole-brain for sustainable life change.

Reboot gives you practical and proven solutions

JOIN US

at the
**Reboot 1-day
Introductory
Workshop**
to:

- Discover the 6 key effects of complex childhood trauma
- Discover easy-to-use tools to help identify key barriers leading to life and learning disengagement
- Foster intrinsic motivation and positive, achievable goal setting
- Improve emotional self-regulation
- Effectively de-escalate situations and avoid crisis
- Build self-responsibility and an internal locus of control
- Explore the Reboot 7-Step Framework to gain insight, language and strategies to improve life and learning engagement

Learn practical tools that can be immediately applied to your professional context and needs.

**Next workshop:
17th September
Bundaberg**



reboot
the learning we need

This workshop is suitable for staff in primary and secondary schools, and for all staff in youth and adult case management, clinical delivery, mental health or child and family support services.

Reboot is a whole-of-school program that provides staff and students with a common set of expectations and proven tools that proactively and strategically create cultural and behavioural change in response to challenging behaviours and students' disengagement from learning. Reboot was created by Sarah Ralston over 10 years of supporting young people, staff and families to address the impact of childhood adversity and trauma. Sarah has combined her experience as a youth worker, teacher and counsellor with studies in psychology, traumatology, neuroscience, kinesiology, counselling, yoga and mindfulness. Reboot's neuroscience based training, curriculum and strategies integrate social and emotional wellness into the fabric of daily school life to engage the most challenging students, and build life skills for all students to thrive. Reboot tools work for all ages, staff and students, in primary and secondary schools, youth engagement programs and out-of-home care.

1-day workshop
\$250 per person or
\$200 for schools/organisations
registering 3 or more staff

- Includes 50 page work book full of practical case studies and tools
- Morning tea and lunch provided

REBOOT WORKSHOP DETAILS

DATES: 17th September, 2018

TIME: 9am to 3pm

PLACE: Bundaberg,
Venue to be confirmed

REGISTER NOW:

Send registration form to:
info@rebootingeducation.com

OR register online:

[www.rebootingeducation.com/
workshopsresources/events/](http://www.rebootingeducation.com/workshopsresources/events/)

Reboot workshops are
**practical, engaging and very
experiential.**

MORE

For more information contact **0414 808 378**
or info@rebootingeducation.com
www.rebootingeducation.com

REBOOT WORKS:

"Since embarking on the Reboot program our school has been transformed. We have calmer classrooms, goal oriented students and staff have a clear understanding of how trauma effects brain development. We have been able to teach students strategies that genuinely help them to focus on learning. I highly recommend this program."

Christine Hill, Principal, Carinity Education Southside

"Facilitator was excellent, engaging and insightful. Has inspired me to think differently and more strategically about engagement. Practical and applicable - more PD's should be like this."

James Brewer, Success Coach, Glenala SHS

"Reboot has given me the tools I need to implement a whole class program to address the needs of all the kids in the room, especially those with lots of emotional and social needs. It works well for the young people who need extra support and benefits those who are doing well by increasing their understanding of themselves. The level of engagement that the kids have in the program is phenomenal. They respond positively to every aspect that we have done so far. And they retain it and use it. The overall feeling of the classroom is much more settled by using the Reboot language and concepts."

Megan O'Meara, Assistant Principal, Bonalbo Central School

"This was one of the most empowering Professional Learning opportunities that I have ever been part of."

Dom Pearce, Deception Bay SHS

"Excellent, very practical, affirms a lot of what I believe needs to happen for our kids. Very Clear, concise framework."

Michelle Cubis, Deputy Principal, Morayfield

"Thank you Sarah, you have given our school a sense of hope for the future and the tools to make it happen."

Bronwen Paxton, Deputy Principal, Caboolture Special School

